



Athlete Guide: How to Approach a School for a Visit

Ask for the Principal: Introduce yourself and mention that you are representing _____ Volleyball.

We would like to come to your school to teach and inspire young kids to play the game of volleyball. We teach specific, fun games for each age group and can offer clinics and demonstrations or classroom visits. This visit will include complimentary tickets to a home game. We will also be focusing on what it means to be a student-athlete and how to reach your full potential.

We can come to:

- ⊗ Assemblies
- ⊗ PE Classes
- ⊗ Volleyball Practices
- ⊗ Individual Classroom visits

Please leave the head coaches number for any questions (____)_____.

We can fax or email more detailed information.

Thank you!

Strategies

- ⊗ On the phone: works but if you can go to the school in person you can have a good discussion with them. (May be advisable to call ahead of time to schedule a meeting time).
- ⊗ Understand that principals are quite busy so arrive early, get to the point and try to schedule a meeting for earlier in the week (Monday – Wednesday). Showing up on a Thursday or Friday might mean that they forget about your proposal during the weekend.
- ⊗ If you have any contacts associated with sport at the school, make sure that you talk to them about it as well so they can provide support.
- ⊗ Arrive with documentation you can provide that explains who you are, what you would like to do, and the benefits for the school, but be prepared to be flexible with their schedule.

